

Dr Sajjad Mughal

MBChB MSc MRCOphth DRCOphth



Dr Sajjad Mughal studied medicine at Ninewells Hospital and Medical School in Dundee, Scotland, before qualifying in 1992. He completed his pre-registration training in the Midlands before working as a Senior House Officer in neurosurgery at Wessex Neurological Centre.

He began his ophthalmic training in 1994, obtaining his Diploma and Membership in Ophthalmology from the Royal College of Ophthalmologists in 1997, and 2002 respectively. He went on to achieve his Master of Science (MSc) degree in Investigative Ophthalmology & Vision Science in 1995 from the University of Manchester, before completing basic surgical training in the Midlands.

During his three and a half years as a Senior House Officer, and 18 months as a Specialist Registrar, he gained experience in managing ocular trauma, phacoemulsification cataract surgery, the management of diabetic retinopathy and glaucoma.

While Clinical Assistant in ophthalmology from 1997 to 1999, he gained extensive experience in the use of the ARGON and Nd: YAG lasers for various ophthalmic disorders, and in basic lid surgery. His last NHS posts in higher surgical training were at Halifax Royal Infirmary, Bradford Royal Infirmary, and Scarborough General Hospital, Yorkshire, and University Hospital of Wales, Cardiff.

Dr Mughal initiated his interest in corneal refractive laser surgery, after completing the Online Refractive Surgery Programme with distinction in June 2006.

Dr Mughal is currently performing conductive keratoplasty treatment for presbyopia. He also performs LASIK and LASEK procedures.

Dr Mughal joined Optimax in 2007.