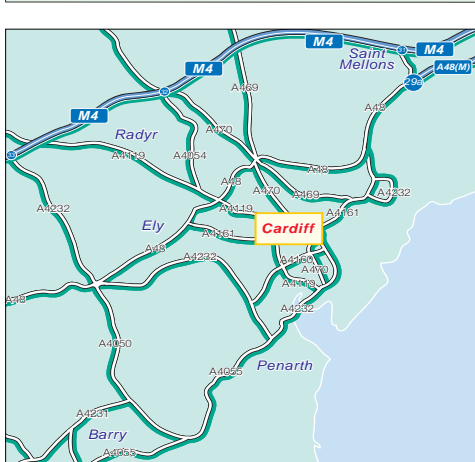
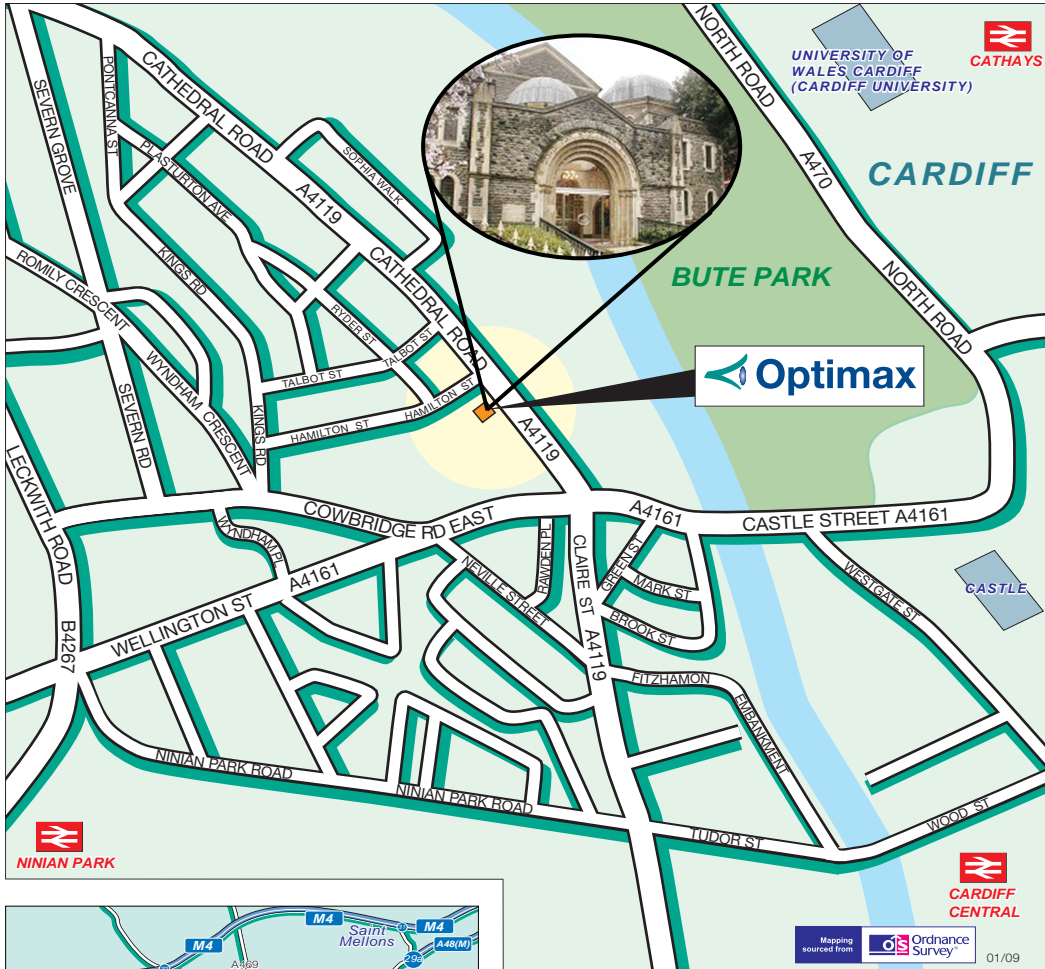








Tel: 0292 0786 480
 Fax: 0292 0786 481

City Executive Offices, 120 Temple Court
 13a Cathedral Road, Cardiff CF11 9HA



-  **By Car** - Optimax is on the A4119 Cathedral Road.
From East: M4, A48 and A4119. **From West:** M4 then A4119 **From South West:** A48, A4161 towards the City Centre and turn left onto A4119. **From North:** the A469 then A48 and A4119.
-  **Parking** - Through the barrier located next to the main entrance on Cathedral Road. Visitors should park then pay at reception. Sophia Gardens Parking is also opposite the clinic.
-  **By Bus** - Number 25 & 62 serve Cathedral Road, these can be taken from stand D2 at Cardiff Central Station.
-  **By Rail** - Cardiff Central Station (0.7 miles) Queen Street and Cathays Park Stations (0.4 miles) are the closest to 13a Cathedral Road.