





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**By Car** - Approach Ipswich from either the A12 or A14 leaving both at the Copdock Interchange junction. Take the A1214 Ipswich West turning. Follow signs for A1214 into Ipswich and then follow town centre signs. Optimax is located in the town centre opposite the side entrance to Debenhams.
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**By Rail** - Anglian Railways and Great Eastern rail links to Ipswich Station. Optimax is approximately 1 mile taxi ride from the station.
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**Taxi Rank** - Located directly outside clinic.
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**Parking** - Nearest parking is the Multi-Storey Car Park located in Charles Street.
- Park And Ride** - Operating from the Retail Park at Copdock Interchange and is clearly signposted.